Oncologic Outcomes After Transoral Robotic Surgery
A Multi-institutional Study

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IMPORTANCE Large patient cohorts are necessary to validate the efficacy of transoral robotic surgery (TORS) in the management of head and neck cancer.

OBJECTIVES To review oncologic outcomes of TORS from a large multi-institutional collaboration and to identify predictors of disease recurrence and disease-specific mortality.

DESIGN, SETTING, AND PARTICIPANTS A retrospective review of records from 410 patients undergoing TORS for laryngeal and pharyngeal cancers from January 1, 2007, through December 31, 2012, was performed. Pertinent data were obtained from 11 participating medical institutions.

INTERVENTIONS Select patients received radiation therapy and/or chemotherapy before or after TORS.

MAIN OUTCOMES AND MEASURES Locoregional control, disease-specific survival, and overall survival were calculated. We used Kaplan-Meier survival analysis with log-rank testing to evaluate individual variable association with these outcomes, followed by multivariate analysis with Cox proportional hazards regression modeling to identify independent predictors.

RESULTS Of the 410 patients treated with TORS in this study, 364 (88.8%) had oropharyngeal cancer. Of these 364 patients, information about post-operative adjuvant therapy was known about 338: 106 (31.3) received radiation therapy alone, and 72 (21.3%) received radiation therapy with concurrent chemotherapy. Neck dissection was performed in 323 patients (78.8%). Mean follow-up time was 20 months. Local, regional, and distant recurrence occurred in 18 (4.4%), 15 (3.7%), and 10 (2.4%) of 410 patients, respectively. Seventeen (4.1%) died of disease, and 13 (3.2%) died of other causes. The 2-year locoregional control rate was 91.8% (95% CI, 87.6%-94.7%), disease-specific survival 94.5% (95% CI, 90.6%-96.8%), and overall survival 91% (95% CI, 86.5%-94.0%). Multivariate analysis identified improved survival among women (P = .05) and for patients with tumors arising in tonsil (P = .01). Smoking was associated with worse overall all-cause mortality (P = .01).

CONCLUSIONS AND RELEVANCE This large, multi-institutional study supports the role of TORS within the multidisciplinary treatment paradigm for the treatment of head and neck cancer, especially for patients with oropharyngeal cancer. Favorable oncologic outcomes have been found across institutions. Ongoing comparative clinical trials funded by the National Cancer Institute will further evaluate the role of robotic surgery for patients with head and neck cancers.
n 2015 nearly 60,000 patients in the United States will be diagnosed as having head and neck cancer (HNC). Despite decreasing smoking rates, oropharyngeal cancer is increasing, especially in men, and appears related to high-risk human papillomavirus (HPV). In a population-based study that used the Surveillance, Epidemiology, and End Results database from 1988 to 2004, the incidence of HPV-positive cancers increased by 225%, whereas the incidence of HPV-negative cancers decreased by 50%. The HPV-associated oropharyngeal cancers have a better overall prognosis when compared with HPV-negative cancers and tend to present with smaller primary tumor burden. In addition, HPV may be associated with a surprisingly few nonopharyngeal cancers in the larynx and pharynx.

Excluding the oral cavity, patients with HNC have typically been treated with radiation with or without chemotherapy because of the potential morbidity associated with traditional, transmandibular, or transcervical open approaches. Because of the changing epidemiology of this disease and concerns about the late toxic effects of radiation, the role of primary surgery has been revisited.

In 2005, two groups presented the first experiences in robotic head and neck surgery. The term transoral robotic surgery (TORS) was coined by Weinstein et al at The University of Pennsylvania, and since then many single institutions have found that TORS is safe and feasible and has good functional outcomes. In 2009, the US Food and Drug Administration approved the use of the da Vinci Robotic Surgery System for transoral otolaryngologic procedures, including selected benign and malignant T1 to T2 tumors. Although several institutions have reported oncologic results after TORS, surgical candidates generally had smaller volume tumors amenable to surgery, although large tumors were usually not necessarily a contraindication for surgery and were not excluded from the analysis. Access to the oropharynx was achieved with the Fehy-Kastenbauer, Weinstein-O’Malley-Feyh-Kastenbauer, Crowe-Davis, Laryngeal Advanced Retractor System, or Dingman retractor. Tumors were resected using oncologic principles with attempts to achieve negative surgical margins on frozen-section pathologic analysis. The institutions within this study used differing designations to define negative and/or close margins. Some centers used a 2 mm cutoff while others used 5 mm. A close margin was defined as less than a negative margin but without tumor at the cut edge of the specimen on final pathology, which was defined as a positive margin. Neck dissections were performed for clinically positive neck disease and patients at high risk for occult nodal disease.

In this multicenter review, postoperative adjuvant therapy was not standardized and was given in accordance with local institutional multidisciplinary tumor board recommendations. Patients with adverse pathologic features after surgery received adjuvant treatment with radiation alone or combined chemoradiation. Adverse pathologic features included positive or close margins, extracapsular nodal spread, lymphovascular invasion, perineural invasion, multiple positive lymph nodes, or advanced T and/or N classification. Radiotherapy and chemotherapy protocols varied by institution. Radiation dosage varied based on the presence of persistent disease, high risk of disease, and low risk of disease.

Data Collection
Institutional review board approval for a waiver of consent for this retrospective review was obtained for each institution. De-identified data were pooled. Outcomes were retrospectively collected using a standardized data collection form across institutions. Outcomes pertaining to patient demographics, disease, treatment, and oncologic outcomes were collected. Individual institutions collected data, and analysis was pooled across institutions.

Statistical Analysis
Data were analyzed using SPSS statistical software, version 20 (SPSS Inc), and Stata SE, version 13 (StataCorp). Descriptive statistics were used to summarize data where applicable. Kaplan-Meier methods were used for oncologic outcomes with the log-rank test to compare recurrence and survival outcomes between groups. Multivariate analysis was performed to identify independent risk factors for recurrence and survival using Cox proportional hazards regression models. We selected po-
tential independent risk factors for multivariate analysis based on their significance in univariate testing. For locoregional recurrence, these risk factors included age older than 60 years, a positive smoking history, positive margins, and oropharyngeal wall or faucial arch subsite. For overall survival, multivariate analysis included the risk factors of age older than 60 years, male sex, smoking history, oropharyngeal wall or faucial arch subsite, and tongue base subsites.

**Results**

**Patients**

In this multicenter study, TORS was performed on 410 patients, most of whom were men (338 [82.4%]) with tumors classified as T1 (170 [41.5%]) or T2 (172 [42.0%]). TORS was most often selected for patients with oropharyngeal cancer (364 [88.8%] of 410): 45.4% arising in the tonsil, 31.7% in the tongue base, 8.0% in or across the faucial arch or oropharyngeal walls, and 3.4% in the soft palate. A more complete clinical and demographic profile of the study population is presented in Table 1. The mean follow-up was 20 months (range, 1-74 months).

Smoking status was known for 338 (82.4%) of 410 patients. Of these, 224 (66.3%) had smoked at some point in their lives. Of the smokers, 10.3% were pipe or cigar smokers, 14.7% smoked 10 pack-years or less, 27.2% smoked 11 through 19 pack-years, 28.1% smoked 20 through 40 pack-years, and 19.6% smoked more than 40 pack-years. Alcohol use was common in the study population: 166 (40.5%) actively consumed alcohol, 50 (12.2%) had quit, and 86 (21.0%) did not consume alcohol. Of these, 55.0% currently consumed alcohol, 16.6% had quit, and 28.5% had no history of alcohol use.

The HPV status was known in 229 (55.9%) of 410 patients. Of these, 159 patients (69.4%) were HPV positive by HPV polymerase chain reaction assay or in situ hybridization techniques. The p16 status was known for 219 (53.4%) of 410 patients. Of the 219 patients with known p16 status, 158 (72.1%) were p16 positive by immunohistochemical staining.

**Treatment**

All patients underwent TORS for resection of the primary tumor. Eleven (2.7%) of 410 patients previously received radiation alone or chemoradiation and underwent TORS as a salvage procedure. Of the 393 patients (95.9%) who had known margin status, 39 (9.9%) had positive margins.

Four hundred patients had information regarding whether a neck dissection was performed. Neck dissection was performed in 323 patients (78.8%). Of those who underwent neck dissections, 226 (70.0%) underwent the dissection concurrently with TORS surgery, and 97 (30.0%) underwent neck dissection in a staged fashion. Adjuvant treatment data were unknown for 72 (17.6%) of 410 patients. Of those with known adjuvant treatment status, TORS alone was performed in 160 (47.3%) of 338 patients, 106 (31.4%) of 338 underwent adjuvant radiotherapy, and 72 (21.3%) of 338 patients underwent adjuvant chemoradiation. Therefore, we had available adjuvant treatment data on 338 patients (82.4%), of whom 52.7% received adjuvant therapy.
The 2- and 3-year locoregional control rates for the entire cohort were 91.8% (95% CI, 87.6%-94.7%) and 88.8% (95% CI, 83.5%-92.4%) (Figure 1). Because 88.8% of the patients in our cohort presented with oropharyngeal primary tumors, we evaluated locoregional control by oropharyngeal subsite, HPV status, and p16 status (Figure 1). Tonsil primary tumors had the highest rate of locoregional control by log-rank testing ($P = .001$) (Figure 1). At 2-year follow-up, the locoregional control rate for patients with positive margins during TORS was 78.6% compared with 92.9% when surgical margins were negative. At 3-year follow-up, the locoregional control rate for patients with positive margins during TORS was 63.5% compared with 91.2% when surgical margins were negative. Risk factors for locoregional recurrence are outlined in Table 2. In univariate analysis, older age, smoking status, oropharyngeal wall or faucial arch primary tumor site, and positive margins were risk factors for disease recurrence. Tonsil primary site predicted a lower risk of recurrence compared with all sites. In multivariate analysis, none of these predictors remained a significant predictor of recurrence (Table 3). Although comparison of oropharyngeal subsites revealed differences in locoregional recurrence rates, we did not observe differences in recurrence rates between overall head and neck sites (ie, oropharynx, oral cavity, supraglottic larynx, hypopharynx).

**Survival**

Overall, there were 30 deaths (7.3%) in the cohort. There was a single mortality related to surgery due to postoperative hemorrhage on the night of surgery. Seventeen patients (4.2%) died of their disease, and 13 patients (3.2%) died without any evidence of disease. Of those who died without any evidence of disease, 8 died of unknown causes, and 4 died of causes unrelated to cancer, including cardiac arrest ($n = 1$), cerebrovascular accident ($n = 1$), complication of gastrostomy tube placement ($n = 1$), and ruptured aortic aneurysm ($n = 1$).

The 2- and 3-year overall survival rates were 91% (95% CI, 86.5%-94.0%) and 87.1% (95% CI, 81.4%-91.2%), respectively (Figure 2). The 2- and 3-year disease-specific survival rates were 94.5% (95% CI, 90.6%-96.8%) and 92.5% (95% CI, 87.8%-95.5%), respectively. Again, because most patients presented with oropharyngeal primary tumors, we compared overall and disease-specific survival rates based on HPV and p16 status. No significant differences were observed. On univariate analysis, risk factors for death of any cause included age, male sex, tobacco history, and oropharyngeal wall or faucial arch primary site (Table 2). On multivariate analysis, only tobacco smoking history predicted worse overall survival, whereas tonsil primary site was associated with improved overall survival (Table 3). Unfortunately, tobacco smoking as a negative risk predictor may have been confounded by limited HPV data in this study; thus, we were cautious to draw any conclusion about the influence of tobacco itself. We did not perform a survival analysis comparing overall head and neck sites because no differences in locoregional recurrence rates were observed (eFigure in the Supplement). Furthermore, because most patients (88.8%) in this study had oropharyngeal primary tumors, a robust survival comparison that included nonoropharyngeal sites was not possible.

**Discussion**

To our knowledge, this study reports the largest series of patients undergoing TORS for the treatment of HNC. Our collaboration across 11 medical centers draws on a diverse expe-
experience to further elucidate the role of TORS across various multidisciplinary treatment paradigms. Informative data on adjuvant treatment regimens for most of these patients were available to comprehensively review patients’ treatment plans. The findings from the present study support the use of TORS as a treatment alternative for select HNCs. Ongoing clinical trials will better help delineate its role.

This study presents a broad description of TORS applied to the treatment of HNC. However, as reported, 88.8% of patients had oropharyngeal primary tumors. Our rationale for the inclusion of other sites (ie, supraglottic larynx, hypopharynx, posterolateral oral cavity) was to determine where TORS fits into the multidisciplinary treatment paradigm across institutions. On the basis of this experience, TORS appears to play the greatest role in the multidisciplinary management of patients with oropharyngeal cancer. Furthermore, we were able to evaluate morbidity and mortality from postoperative bleeding experienced by the various participating centers. Fatal postoperative hemorrhage was encountered in 1 (0.2%) of 410 patients. This death occurred the night of surgery in a patient who had previously received preoperative chemotherapy (cetuximab) but no radiation therapy. This is an important adverse event relevant to all sites amenable to transoral endoscopic head and neck surgery. Patients should be counseled about this rare but catastrophic surgical complication but reminded that primary chemoradiation protocols carry an approximately 2% treatment-related mortality risk.

The pathophysiologic basis of oropharyngeal cancers has changed markedly during the past several decades. In a review of the National Cancer Institute’s Surveillance, Epidemiology, and End Results database, Chaturvedi et al found that from the years 1973 to 2004 the incidence of high-risk HPV-associated oropharyngeal cancers increased by 225%, whereas HPV-negative cancers decreased by 50%. It is now estimated

Locoregional control by oropharyngeal subsite in all patients and pathologic margin status, human papillomavirus (HPV) status, and p16 status in patients with oropharyngeal primary tumors.
that more than 70% of oropharyngeal cancers have evidence of an HPV infection. These virally mediated cancers tend to present with smaller primary tumor volume and more advanced nodal disease. This changing pattern of the disease with fewer locally advanced tumors may then be more amenable to surgical resection without rendering patients functionally disabled from high-volume resections. Indeed, of the 364 patients (88.8%) in this study treated for oropharyngeal primary tumors, 314 had pathologic stage T2 or lower disease.

In this present study, 338 patients had available data regarding adjuvant therapy. Of these, 106 (31.3%) received ra-

Table 2. Factors Associated With Locoregional Control and Overall Survival (N=410)

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<th>Factor</th>
<th>2-Year Locoregional Control, %</th>
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<th>2-Year Overall Survival, %</th>
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Abbreviations: BOT, base of tongue; HPV, human papillomavirus.

* Log-rank test.
diagnosis therapy alone and 72 (21.3%) received combined chemoradiotherapy. In aggregate, 50.2% had N2a or greater nodal disease with negative primary margins or positive margins with any nodal status, both disease categories that would commonly warrant at least adjuvant radiation therapy.

The early functional outcomes studies for TORS suggest good postoperative results with early oral alimentation and limited long-term sequelae. In a prospective comparative study, patients treated with TORS had significantly better eating ability and dietary intake 2 weeks after treatment compared with patients treated with chemoradiation. In addition, surgical patients experienced a return of their oral dietary intake 1 year after surgery, whereas patients treated with chemoradiation continued to have decreased oral diet as assessed by the Performance Status Scale questionnaire. In the absence of persistent disease after surgery, those who receive adjuvant radiotherapy do so at a reduced dose compared with definitive therapy, which may reduce the early and late toxic effects of radiotherapy.

With the emergence of TORS in the treatment of oropharyngeal cancer in the last decade, reporting of oncologic results was relatively limited to informative but smaller cohort sizes. Weinstein et al reported cancer oncologic results for 47 patients undergoing TORS for oropharyngeal cancer. In their study, the 2-year disease-specific survival was 90%, and local recurrences occurred in 2% of patients, regional recurrences in 4%, and distant metastases in 9%. White et al reported 1- and 2-year oncologic outcomes in a cohort that included all head and neck sites (including larynx and oral cavity). Among the 89 patients included in the analysis, there were 11 recurrences (3 local, 7 regional, and 1 distant) and an overall recurrence-free survival rate of 86.5%. Genden et al reported oncologic results on 30 patients with head and neck squamous cell carcinomas treated with TORS. They described an 18-month locoregional control rate of 91%, a disease-free survival rate of 78%, and an overall survival rate of 90%. Moore et al followed up 66 patients for a minimum of 2 years and reported a 2-year disease-specific survival rate of 95.1% and a recurrence-free survival rate of 92.4%, with 3-year local and regional control rates of 97.0% and 94.0%, respectively. More recently, Weinstein et al reported on the largest multicenter series of patients with cancer undergoing TORS (N = 177), with the primary oncologic outcomes of interest being margin status. Seven (4.3%) of 161 patients with available margin data had positive final margins. In this largest reported series of patients with cancer undergoing TORS, similar findings are observed: obtaining negative margins is feasible in most properly selected patients. Low rates of positive margins in our current study also demonstrate favorable rates of locoregional control and disease-specific mortality in a larger cohort of patients treated with TORS.

Our results also compare favorably with oncologic outcome data for definitive radiotherapy. Eisbruch et al and the Radiation Therapy Oncology Group described a locoregional control rate of 91% for patients treated with accelerated hypofractionated intensity-modulated radiation therapy without chemotherapy for T1 and T2 oropharyngeal cancers with N0 or N1 nodal disease. Garden et al found a locoregional control rate of 94%, a recurrence-free survival rate of 88%, and an overall survival rate of 94% in a similar cohort of patients treated with intensity-modulated radiation therapy for small primary disease. Mendenhall et al found a 5-year local control rate of 93% for T1 and 91% for T2 oropharyngeal cancers treated with intensity-modulated radiation therapy. Sher et al found similar results with a 3-year locoregional control rate of 97% and 79% for T1 and T2 oropharyngeal cancers, respectively, treated with concurrent chemoradiotherapy or with induction chemotherapy followed by concurrent chemoradiotherapy.

To our knowledge, this is the largest study reporting oncologic outcomes for oropharyngeal cancers treated with TORS. The size of the cohort enabled us to better delineate patterns of recurrence in this population and risk factors for recurrence. Overall, 43 patients (10.5%) experienced a recurrence,
with 17 patients (4.2%) dying of disease after treatment. No independent predictors of recurrence remained significant in multivariate analysis although positive margin status neared significance ($P = .06$). Positive margin status is a well-known predictor of local recurrence in oropharyngeal cancer.\textsuperscript{33,34} In our study, there was a higher incidence of positive margins in patients with oropharyngeal wall or faucial arch tumors; however, only 34 of 410 patients had this primary subsite, making interpretation of these results challenging.

Unfortunately, this registry study did not have adequate HPV status information for 181 of 410 patients (44.1%). This limits the ability to accurately compare oncologic outcomes based on HPV status. Our finding that HPV-negative tumors did not have a higher likelihood of recurrence or mortality compared with those with HPV-positive tumors requires further validation. Cohen et al.\textsuperscript{16} also did not observe a difference in locoregional control or survival in patients with HPV-associated tumors treated with TORS. In our study, because most patients had low primary tumor volume irrespective of HPV status, this factor may explain why local control rates and overall survival did not differ based on HPV status. Ultimately, our results indicate favorable oncologic outcomes for HPV-positive and HPV-negative groups using a TORS approach.

There are limitations to this study. As a retrospective study, variability in reporting across the centers and thus missing data elements pertaining to pathologic variables limit definitive comparative analyses. As a result, many subgroup analyses may be underpowered to detect significant differences. Only prospective studies with standardized end points and subsequent pathologic analysis can circumvent this issue. In addition, with a mean follow-up time of 20 months, the follow-up time may limit definitive conclusions about oncologic outcomes after TORS. However, our results suggest that most recurrences occur within the first 2 years. Last, the data collected here represent the results of 11 institutions with expertise in TORS. The results may not necessarily be applicable to new adaptors of this technology because there is a learning curve to become technically facile. Future prospective studies are needed to better delineate the role of TORS in oropharyngeal cancer\textsuperscript{35} and to compare the functional outcomes of this approach and definitive radiotherapy. Results of study 3311 from the Eastern Cooperative Oncology Group, a National Cancer Institute–funded clinical trial in transoral endoscopic head and neck surgery, may help to further elucidate the role of TORS within the HPV-positive oropharyngeal cancer. The present study serves to support favorable oncologic results achieved with patients treated with TORS.

Conclusions

This large, multicenter collaborative study supports the role of transoral robotic head and neck surgery within the multidisciplinary treatment paradigm for the treatment of HNC, especially for patients with oropharynx cancer. Pathologic staging obtained from TORS may allow multidisciplinary teams to administer adjuvant therapy using a precision-medicine approach. Favorable oncologic outcomes have been found across institutions. Ongoing prospective clinical trials will provide further information regarding integrating robotic surgery into a treatment algorithm for optimal patient care.

ARTICLE INFORMATION

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